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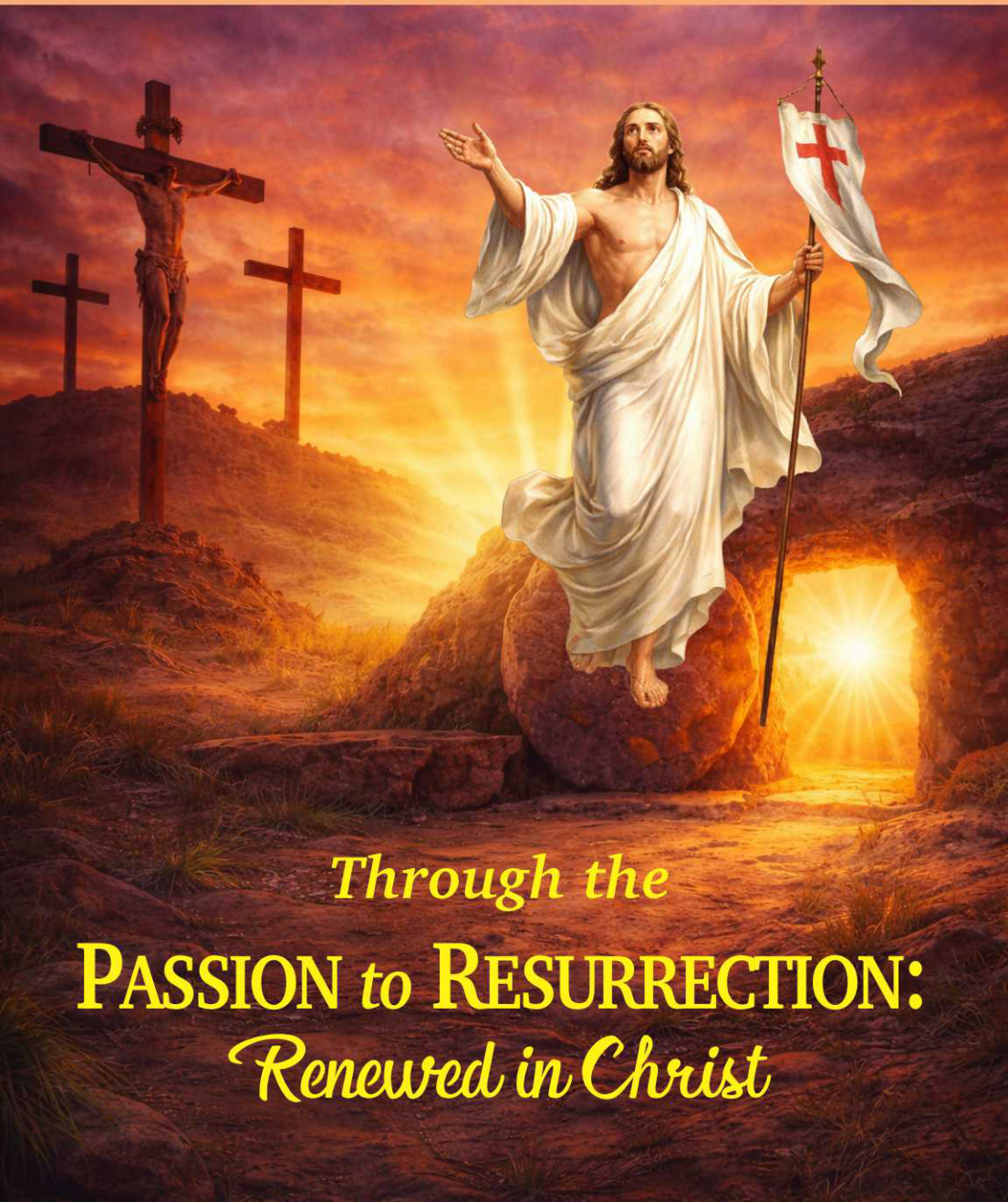


ULO

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Through the
PASSION to RESURRECTION:
Renewed in Christ

Christ is Risen! Alleluia!

*Wishing all our dear parishioners a
joyful and blessed Easter.*

*May the light of the Risen Christ
shine in your hearts and homes.*



*"The light shines in the darkness, and the
darkness has not overcome it." (John 1:5)*



THROUGH THE PASSION TO RESURRECTION: RENEWED IN CHRIST

My dear Parishioners, Jesus is Risen! Alleluia!

During the trial of Jesus, one can see absolute failure of people and the ultimate goodness of God: “So when Pilate saw that he could do nothing, but rather a riot was beginning, he took some water and washed his hands before crowd, saying, ‘I am innocent of this man’s blood; see it yourselves’. Then the people as a whole answered, “His blood be on us and on our children!” (Mt. 27: 24-25). The people asked from God all curses and punishments in the heavenly places but what God did instead was, He offered them salvation and filled them (and us) in Christ with all the blessing in the heavenly places. St. Paul says “God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places” (Eph. 1:3). He did this through passion, death and resurrection of His Son, Jesus Christ. It is to be noted that even Pilate was afraid of the curse that the blood of Jesus would bring upon him and his family but the Jews openly asked for it. In fact, it was not the ‘people of God’ that have asked for the curse but the ‘devil within them’ in order to destroy them and hijack God’s plan of Salvation. God had worked in a perfect way to overthrow the devil and give new life to His People. After the resurrection of Jesus, “He (God) chose us in Christ...to be holy and blameless before Him in love. He destined us for adoption as His children through Jesus Christ” (Eph. 1:4-5). The new or renewed life that God has given us is that of the children of God. As children of God or Easter People, we are called to live a Holy and Blameless Life grounded on Love. So, the renewed Life in Christ consists of living Holy, Blameless and in Love.

Holy: The source of holiness is God. No one can be holy apart from God. God always desired that His people be Holy. “You shall be holy, for I am holy” (Lev. 11:44) St. Peter reminds us, “He who

called you is holy, be holy yourselves in all your conduct” (1Pet. 1: 15). For our conduct to be holy, it is of paramount importance that our senses, thoughts, reasoning, desires, will and actions be holy. This kind of sanctity pervades in the life of a person only when Christ resides in him/her heart/spirit. He makes us holy from within.

Blameless: After the death and resurrection of Jesus, we are made ‘blameless’ for He has taken all our blame on Him and crucified it on the cross. We are called to live that ‘blameless’ life every day. The moment we sin and deviate from holiness, the devil stands before God to accuse us and seek our condemnation/death. St. Paul reminds us that “The reward (wages) of sin is death” (Rom. 6:23). We must be constantly conscious about “the gift of God is eternal life through Jesus Christ our Lord” (ibid.).

Life of Love: The renewed life in Christ is a life of love. Jesus has summed up all the law and the prophets when he says, “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind... You shall love your neighbour as yourself” (Mt. 22:37-38). God attaches so much importance to ‘love of neighbour’ that He freely decides to remain indebted to the one who loves the poor and needy. In the book of Proverbs God says, “Whoever is kind to the poor lends to the Lord, and will be repaid in full” (Prov. 19:17). God considers the love and kindness shown to the poor and needy is as if a ‘loan’ rendered to Him and He will repay that ‘loan’ in full. St. Paul also reminds us of our indebtedness to the love of our neighbours when he says, “Owe no one anything, except to love one another, for the one who loves another has fulfilled the law” (Rom. 13:8). Our love indebtedness towards the neighbours is based on not their love for us but on God’s love for us. So, as long as we live here on earth we remain indebted to one another’s love. God loves us first. Our final judgement will decide whether we have repaid the ‘loan’ of neighbours’ love in full or not (see Mt. 25: 31-46). The earthly renewed life in Christ will end with the final judgement but eternal life in Christ will continue for eternity.

ST. CATHERINE OF ALEXANDRIA, OUR PATRONESS, PRAY FOR US!

Parish Priest



(Rev. Can. Rosario Oliveira)

Bless this Home: Welcoming Christ in our Families

Hema Menezes
ULO-Editor-in-Chief



Our homes are more than physical structures; they are sacred spaces where love is nurtured, faith is lived, and God is encountered in everyday life. When we invite Christ into our homes, we open our doors not only to His presence but also to His peace, healing and blessings. The tradition of blessing homes, especially after the season of Easter, is a beautiful reminder that the Risen Lord desires to dwell among His people – not only in churches, but among families. Just as Christ entered the homes of His disciples, bringing peace and reassurance after His resurrection (“Peace be with you” – John 20: 19), so too we invite Him into our households today.

A house blessing is not merely a ritual; it is a proclamation of faith! Through prayers, the reading of scripture, and the sprinkling of holy water, the church asks God to sanctify the home, protect its members, and make it a place of unity, forgiveness, and charity. It is also an opportunity for families to renew their commitment to live as domestic churches where Christ is the centre.

The origin and tradition of House Blessings

The practice of blessing homes has deep roots in the early Christian Church. Priests would visit the homes of the faithful, especially during the Easter season, to extend the joy of the Resurrection into family life. Over time, this became a cherished pastoral tradition in many parts of the world.

A well-known custom associated with house blessings is the marking of doors with blessed chalk after the feast of the Epiphany, often inscribed with the year and the initials “C+M+B” represents the Latin phrase “*Christus Mansionem Benedicat*” meaning “May Christ bless this house”.

Connection with the Jewish Tradition

The Christian practice of blessing homes also finds resonance in Jewish tradition. In the Hebrew Bible, homes were seen as places of God's Covenantal presence. One of the most striking examples is found during the Passover, when the Israelites marked their doorposts with lamb's blood (Exodus 12) signifying protection and divine deliverance.

Another enduring Jewish custom is the *mezuzah* – a small case affixed to the doorpost containing verses from Scripture (Deuteronomy 6:4-9). It serves as a constant reminder that the household belongs to God and is called to live according to His commandments.

These traditions highlight a shared understanding: the home is a sacred place where God's presence dwells among His people.

A Living Invitation

Today, the blessing of homes continues to be a meaningful way for families to invite Christ into their daily lives. Let us prepare our hearts with faith and joy as we await the blessings of our homes after Easter, and strive to continue living each day in God's presence, making our homes true dwelling places of His love.

May St. Catherine of Alexandria, our patroness, intercede for our families, guiding us in wisdom and strengthening us in faith.

OFFICE TIMINGS ANNOUNCEMENT

Parish office Timings - Month of May.

The Parish office will remain open during the morning hours from 09.00am to 1.00pm throughout the month of May. (Except Sundays & Holidays Closed)

Parishioners are kindly requested to make a note of this schedule and plan their visits accordingly.

Hope after hardships: Trusting in Gods plan



Ruth Fernandes
Our Lady of Light Somudai

For as long as history has been written, the world has never been without struggle and suffering. Today, through television and social media, the pain of the whole world appears before us. Epidemic, ongoing wars, homelessness, violence, and addiction. At times, it becomes difficult to make sense of a world where suffering presses in from every direction. Yet Sacred Scripture reminds us that even in the darkest moments, a living hope stretches out His hand to us.

Moses knew such moments well. Leading thousands of Israelites through the wilderness was never easy. When they stood trapped before the Red Sea and the Egyptians drew near, fear and complaints filled the air. Many wished they had remained in Egypt. Yet in that hour of panic, God made a way where none seemed possible, opening the sea and guiding His people toward freedom.

David, too, knew loneliness. A simple shepherd boy, he faithfully obeyed his father and cared for the sheep while his brothers stood mighty on the battlefield. Perhaps he felt overlooked or belittled, yet God saw his humbleness. Through the prophet Samuel, the Lord reached out and anointed him king, raising the shepherd boy to become Israel's most beloved psalmist.

Now I imagine myself as the Samaritan woman at the well, burdened by shame, weighed down by the quiet struggles of life. I come at noon, when few others are there, the sun heavy above me as I lower my jar into the well. Each pull of the rope feels like the weight of my own worries and failures. Just as I prepare to return to the same old life, a man approaches and gently asks, "Give me a drink." His voice carries no judgment. Instead, He speaks of living water—water that does not merely quench thirst but fills the soul. In His presence, my shame loosens its grip. Hope begins to rise within me like a fresh spring, and I realize that the Messiah

► Cont. on pg 8



Serving others as a sign of new life

Tina Rodrigues

Our lady of light Somudai

In John chapter 13, we witness the divine love as Jesus bends down to wash the feet of his disciples. Through this humble act, he shows us that no service is too low and invites his followers to walk the same path. He commands us to love one another, not only in words, but through acts of deep humility and compassion. The smallest daily acts when done quietly and without seeking praise become sacred offerings before God.

Service begins in our homes. It develops when we respect the differences in others, care for each other especially the elderly and the sick, and guide our children to practice small but meaningful acts of kindness.

Serving through Forgiveness by letting go of grudges and choosing peace is a powerful act of love. Forgiving those who have hurt us becomes an offering to God.

Prayer is one of the most powerful tools with which we can serve others. It allows us to pray for those who suffer, to lift up the broken-hearted, and to intercede for a world torn by war's, conflicts and sorrow. In prayer, we share in God's own compassion.

Serving through Encouragement, a kind word can lift someone's spirit more than we realize. Offering a gentle word becomes a way of healing hearts.

Serving Through Our Talents. Our God-given abilities can be used to bless others. Whether it is singing, teaching, cooking, repairing, or organizing. Every skill becomes a ministry when offered with love.

When we feed the hungry, quench the thirst of the weary and comfort the lonely, we are serving God Himself. Simple gestures i.e. bringing a meal to someone in need or in hospital, running an errand for a neighbor in need, or offering a listening ear to those who need company, become channels of God's love flowing through us. Supporting the poor, donating to charitable causes, or giving secretly is a service God treasures. Even small offerings make a big difference.

By serving others in small things, God sees the hidden acts of love that the world overlooks, and He delights in the love with which they are offered and we partake in the Resurrection of our lord Jesus Christ by experiencing new life within us.

Social Media v/s Real Joy: Choosing What Lasts

Jaysurya Kumar

Parish Youth



In today's hyper-connected world, social media has become an inseparable part of daily life. From the moment we wake up to the last few minutes before sleep, we instinctively reach for our phones. We scroll, like, comment, and share—often without realizing how much of our emotional landscape is being shaped by what we see on our screens. While social media offers connection, entertainment, and information, it also raises an important question: are we experiencing real joy, or just the illusion of it?

Social media thrives on perfectly curated, filtered, and timed moments. It presents a highlight reel of life, where achievements are amplified, beauty is enhanced, and struggles are often hidden. This constant exposure can create a subtle pressure to measure our own lives against what we see. We may find ourselves chasing validation through likes and comments, mistaking digital approval for genuine happiness. The joy derived from these interactions is often fleeting, dependent on external responses rather than internal fulfillment.

Social Media vs *Real Joy*



Many likes,
but where is *the joy*?



Connected online,
fulfilled in Christ.

"Our hearts are restless until they rest in You." – St. Augustine

Real joy, on the other hand, is rooted in authenticity. It is found in unfiltered experiences—laughter shared with friends, quiet conversations with loved ones, personal growth, and moments of self-reflection. Unlike the instant gratification of social media, real joy is deeper and more enduring. It doesn't rely on an audience; it exists even in solitude. It is the satisfaction of living a life aligned with one's values, rather than performing for others.

One of the key differences between social media and real joy lies in their impact on our well-being. Studies and personal experiences alike suggest that excessive social media use can lead to feelings of anxiety, comparison, and even loneliness. Ironically, a platform designed to connect people can sometimes make individuals feel more isolated. In contrast, real-life interactions and meaningful relationships foster a sense of belonging and emotional security, essential components of lasting happiness.

Choosing what lasts requires intentionality. It means prioritizing genuine connections over virtual ones, valuing presence over performance, and seeking fulfillment beyond the screen. It involves asking ourselves difficult but necessary questions: Are we living for ourselves or for others? Are we experiencing moments, or just documenting them?

In the end, social media can capture joy, but it cannot replace it. Real joy is not something that can be filtered or posted; it is something that must be felt, nurtured, and lived. By shifting our focus from digital validation to authentic experiences, we can create a life that is not only seen but truly enjoyed. Because what truly lasts is not the number of likes we receive, but the depth of the happiness we feel.

► Cont. from pg 5 **Hope after hardships: Trusting in Gods plan**
knows me completely, yet still calls me.

My friends, many of us know such moments of weariness, fear, or loneliness. Yet when we place our struggles at Christ's feet and trust in God's plan, we discover that suffering is not the end of the story. United with Christ, our crosses are transformed through grace. And in the light of His Resurrection, hope rises again, renewing our hearts and brightening the path before us.



OUR PARISH, OUR RESPONSIBILITY: Managing God's Gifts Wisely

(A Call to Faith, Service, and Stewardship)

Adsila Alfonso

Member-Fabrica

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace." 1 Peter 4:10

A parish is not merely a building made of bricks and walls—it is a family, a living body of Christ where each member has a purpose. God, in His goodness, has blessed our parish with countless gifts: people with generous hearts, talents that inspire, time that can be shared, and resources that sustain our mission.

These gifts are not given to us by chance. They are entrusted to us with love and purpose. As faithful followers of Christ, we are called to care for them, nurture them, and use them wisely for the growth of our parish and the glory of God.

Stewardship of Time and Talent: Each one of us has something unique to offer. Some are gifted in singing, others in teaching, organizing, helping, or simply listening with compassion. No gift is too small in God's eyes. When we offer our time and talents to the parish—whether by joining a choir, helping in catechism classes, assisting in parish events, or volunteering quietly behind the scenes—we become instruments of God's love.

"Whatever you do, do it all for the glory of God."—1 Corinthians 10:31

Let us not wait for the "perfect moment" to serve. Every moment given to God becomes meaningful.

Caring for Our Parish and Its Resources-Our church is a sacred space where heaven meets earth. It deserves our care, respect, and love. The altar, pews, surroundings, and all that belongs to the parish are gifts entrusted to us. Simple acts can reflect our gratitude: Keeping the church clean and peaceful, Using resources mindfully,

respecting the sacredness of the space.

When we care for our parish environment, we show our love not only for the church but also for the God who dwells within it.

Financial Stewardship: Giving with a Grateful Heart-

Our parish depends on the generosity of its people. Offerings and donations are not just financial contributions—they are acts of faith and trust in God’s providence. Every small contribution makes a difference. It helps: Maintain the church and its activities, Support the needy and less fortunate, Sustain ministries and outreach programs

“Each of you should give what you have decided in your heart to give... for God loves a cheerful giver.”— 2 Corinthians 9:7

Let our giving come from love, not obligation.

Building a Spirit of Unity and Love-A parish flourishes when its members live in unity. Love, patience, forgiveness, and understanding are the foundations of a strong community. We are called to: Encourage one another, Resolve misunderstandings peacefully, Work together as one body in Christ. In unity, we reflect the true image of the Church—a community bound together in faith and love.

Passing the Faith to the Next Generation-One of the greatest responsibilities of a parish is nurturing the faith of children and youth. They are the future of our Church. By guiding them, teaching them, and setting good examples, we help them grow in faith and become responsible members of the parish community.

Faith is not only taught—it is lived and witnessed- Our parish is both a blessing and a responsibility. Everything we have—our time, talents, and resources—comes from God and is meant to be used for His purpose. Let us come together as one family, committed to serving, caring, and giving with joyful hearts. When we manage God’s gifts wisely, we build not just a stronger parish, but a deeper relationship with Him.

“Now it is required that those who have been given a trust must prove faithful.”— 1 Corinthians 4:2

Closing Thought-“Together, let us build a parish where faith grows, love shines, and every gift is shared for God’s glory.”

Through the Passion and Resurrection: Living with Love and Hope

Jacklene Fernandes
Fabrica Member



Serving the church with a renewed spirit after Easter entails embracing the transformative power of the resurrection, moving from the “oldness of letter” to a newness of life.

The risen Christ dwells within us, accompanying us as our friend and helper throughout our journey. Through our union with the risen Christ, we receive new power to conquer sin and walk in righteousness.

Consequently, this union with the risen Christ bestows upon us a new capacity for holiness and love. Our service to God should not be governed by our thoughts, knowledge, or observations of others; instead, it should be rendered in spirit through the exercise of our spirit.

Merely recalling doctrines and spiritual knowledge, then relaying them to others, will not impart life and newness.

While our minds are crucial and require renewal, in our service to the Lord, our spirit holds greater significance. We must serve in the newness of spirit by exercising our spirit.

Occasionally, we may not fully grasp what we are about to share, even after having enjoyed and experienced something of the Lord. However, when we rise to share or engage in conversation, something new and fresh will emerge. Serving God is intrinsically linked to our spirit; we worship Him in spirit, we are joined to Him as one spirit, and our service must be rendered in spirit.

Only our service in spirit is new and fresh, and only serving in the newness of spirit is pleasing and acceptable to the Lord.

It is easy to revert to old patterns, so we must actively endeavor to maintain newness by contacting the Lord daily. May we consistently remain in the Lord’s presence and live in the spirit by contacting Him, enabling us to serve in the newness of spirit, serving God in our mingled spirit.

He is new, living, and fresh, and whenever we contact Him in spirit and live in spirit, we too become new, living, and fresh, and our service to God becomes new and living.

In essence, serving the Church in spirit is about cultivating a deep relationship with God and allowing that to guide your actions and interactions with others.



कष्टों के बाद आशा: परमेश्वर की योजना पर भरोसा करना

शशि बेक
रानी मरिया समुदाय

मारकुस - १. १५ , समय पूरा हो चुका है। ईश्वर का राज्य निकट आ गया है। पश्चाताप करो और सुसमाचार में विश्वास करो।

प्रभु यीशु मसीह ने लोगों को जीवन में कष्ट निराशा और पाप को दूर कर उन्हें आशा क्षमा और शाश्वत जीवन प्रदान किया है। जब हम अपनी आशा यीशु में रखते हैं। तो वह हमारा ध्यान कष्टों से हटकर अपने वादों पर ले जाते हैं। जिससे कठिन समय में भी शांति मिलती है।

आशा पारिवारिक सामाजिक और व्यवसायिक परिवेश में एकता की शक्ति है। जो की सहयोग और सामूहिक कार्रवाई को बढ़ावा देती है। आशा एक जीवन रेखा होती है। जो व्यक्तियों और समुदायों की विपरीत परिस्थितियों से जुड़े रहने की शक्ति प्रदान करती है। आशा ही विजय, सफलता, सुख व आनंद सब कुछ दिलाता है।

परमेश्वर की योजना और उद्धार का मुख्य उद्देश्य मानव जाति को पाप और मृत्यु से बचाकर यीशु मसीह के माध्यम से आनंद जीवन और दिव्य प्रदान करता है। यह एक प्रेम पूर्ण योजना है। जो सभी के लिए उद्धार चाहती है उन्हें पश्चाताप की द्वारा मसीह में परिपूर्ण होने का अवसर देती है। परमेश्वर की योजना न केवल पापों की क्षमा, बल्कि हमें एक अर्थपूर्ण और धन्य जीवन जीने के लिए मार्गदर्शन करना भी है

जो शैतान की युक्तियों से रक्षा करती है। यह उद्धार कर्मों से नहीं, बल्कि मसीह पर विश्वास करने और पश्चाताप करने से मिलता है। पवित्र शास्त्र कहता है। सदा आनंदित रहो निरंतर प्रार्थना करो हर परिस्थिति में धन्यवाद दो क्योंकि प्रभु येशु में यही तुम्हारे लिए परमेश्वर की इच्छा है। हमारे प्रभु येशु मसीह के परमेश्वर पिता का धन्यवाद दो, जिसे येशु मसीह के मरे हुआओं में से जी उठने द्वारा अपनी बड़ी दया से हमें नया जीवन दिया। प्रभु यीशु मसीह ने मानव जाति के पापों का प्रायश्चित्त करने और हमें मृत्यु से बचाने के लिए असहनीय और अकल्पनीय कष्ट सहन किए, ताकि हमारे पाप धुल सकें और हमें शांति मिल सके।

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Start small. Stay consistent. Enjoy peace of mind

Visit by SSVP, Divine Mercy, Parish Youth and Altar Servers



Our parishioners visit the young seminarians at Seminary Niwas, Mapusa



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📍 *Ilhas Goa*



Lenten Day of Recollection at See Cathedral

Reported by Rovina Fernandes and Adsila Afonso

On 19th March 2026, a Lenten recollection was organised for parishioners of St. Catherine of Alexandria parishioners at the See Cathedral from 4:00 pm to 6:00 pm. The program began with a prayer and a warm welcome by our Parish Priest Fr. Rosario Olivera. The resource persons, Fr. Francis Rosario, Br. James Kurien, Dr. Nelly D'Sa and Ms. Syona were introduced by Mr. Lloyd Vaz, Ms. Josma Pereira, Mr. Anil Afonso and Mr. Menino Menezes. The recollection was held in parallel sessions at 3 different venues; for the parishioners in the main church, for youth at the Carmel Chapel and for the children in the church hall.

In the session for Parishioners, Fr. Francis Rosario delivered an inspiring and engaging reflection on the theme, 'The Word of God as a Source of Transformation' encouraging the faithful to spend time in reading the Bible and become active doers of God's Word. Using the popular acronym of BIBLE as Basic Instructions Before Leaving Earth, he highlighted the transformative power of the Word of God in our lives. He exhorted the faithful to learn the scripture verses by heart so as to be blessed by the grace and guidance of God's Word. He explained how the Word of God helps us in living the "7Ms" - Move on, Mood on, Mind on, Mission on, Morals on, Mary on, Messiah on—using meaningful anecdotes and action songs that resonated with all present.





In the second session for parishioners on ‘The Eucharist brings and Sustains New Life in Christ’, Br. James Kurien offered a profound teaching that revealed the connection between the Old and New Testaments, revealing God’s plan of salvation made known in the Old Testament fulfilled through the passion and death of Jesus Christ in the New Testament. He emphasized on the Lord’s abiding presence in the Eucharist and the gift of the Holy Spirit bestowed on the faithful at Pentecost. He exhorted the participants not to take the Holy Eucharist for granted and to use the Sacrament of Confession often, so as to receive Holy Communion at mass in reverence and grace.

The sessions for the parish youth were led by the resource person, Dr. Nelly D’sa and Fr. Francis Rozario.

Dr. Nelly D’sa enriched the youth with insightful reflections on the topic ‘The Word of God as a Source of Transformation,’ while also sharing her personal testimonies. One of the most touching testimonies shared was about a newborn baby who was born to parents after several miscarriages. The baby faced serious breathing difficulties, as it had been choked by the umbilical cord in the mother’s womb. During this critical moment, Dr. Nelly D’sa prayed the Word of God silently in her heart while carrying out all the necessary medical procedures to save the baby. After some time, the baby began to breathe normally and is now living a healthy life. The session concluded on a meaningful and inspiring note.

The youth then had an enriching session with Fr. Francis Rozario on the topic ‘The Eucharist Brings and Sustains New Life in Christ.’ The session commenced with a welcome, followed by a brief dance by Fr. Francis Rozario along with the youth to create a lively and engaging atmosphere. Fr. Francis Rozario highlighted Eucharistic miracles from around the world, especially those in Kerala, India, which he had personally visited a few days earlier, making the session more meaningful through his first-hand experience. The session concluded on a joyful note, filled with laughter and a Scripture verse from Matthew 11:28, reminding us to find rest in the Lord.

The children too had two powerful sessions of recollection delivered by Br. James Kurien and Ms. Syona Fernandes.

The recollection proved to be a powerful experience of spiritual renewal. We were inspired to deepen our commitment to reading and reflecting on the Bible, and to nurture a stronger devotion to the Eucharist. The insights shared helped us gain a clearer understanding of the transformative power of God’s Word, while fostering greater reverence for Jesus’ real presence in the Eucharist.

The day concluded with the Holy Eucharist celebrated by Fr. Francis Rosario in honour of the feast of St. Joseph, adding a special grace to the occasion. The entire program was effectively coordinated by Mr. Menino Menezes, ensuring a meaningful and impactful experience for all. The Lenten recollection renewed and inspired us to embrace Scripture and the Eucharist as central pillars of our Lenten journey and our lives in Christ Jesus.



Children's Corner

Talking to Jesus as my Best Friend

Jesus is my best friend. I like to talk to Him as I love Him very much and He loves us too. He protects us all the time and keeps us safe from all the dangers and harm.

Truett Afonso
Zomo Devache Maie

Happy Easter

Wishing you a joyful and blessed Easter! May this beautiful season bring you peace, happiness and new hope. I'm grateful to have wonderful friends like you to share this special time with. Let's celebrate the spirit of love, renewal and togetherness.

Christina Fernandes
Zomo Sorginchi Ranni

Talking to Jesus as my Best Friend

Lord Jesus, I'm coming to You today, just as I'm a bit worried, tensed and scared but I know that You are here to listen to me. I just want to talk to You. You already know what is on my mind, why I'm tensed or scared but it makes me feel good to say it out to someone I trust and that is You, Jesus, my best friend. These days I have been feeling very worried and scared. I'm scared about my next academic year.

I'm scared about all the challenges this new year will bring. But even though it scares me but my Loving Jesus, I know You are with me and I know You will help me. You'll fill me with your strength and courage. I know your Mighty Right Hand will always protect me from evil and enemy's plan. You will guide me, You yourself will teach me because You are my best friend who will never leave me not forsake me. Jesus, walk with me during this new academic year. Remind me that You are always with me, remind me that I have to do nothing alone. I am so grateful for the friendship my dear Jesus. I love You with every heartbeat. Thank You Jesus for your love. Amen.

Eliona Pires
Zomo Sorginchi Ranni

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Altar Servers Corner

Through the Passion and Resurrection: Living with Love and Hope

The Passion and Resurrection of Jesus are the most important events in our Catholic faith.

During His crucifixion, Jesus suffered and gave His life on the cross for all of us. Even though

He faced great pain and sorrow, He continued to show love. He forgave the people who hurt Him, made fun of Him, and mocked Him, and He also trusted God completely. This teaches us that real love means showing love and compassion for others, forgiving them, and staying faithful to God even during difficult times.

Three days after Jesus died, something very amazing happened—He rose from the dead. This event is called the Resurrection. The Resurrection shows that Jesus has power over death and that God's love is stronger than sin. Because Jesus rose again, we have hope that new life is always possible. No matter how dark or difficult life may seem, God can bring light and joy into our lives.

One Bible verse that reminds us of this message is when Jesus said, "I am the resurrection and the life." — John 11:25. In this verse, Jesus teaches us that He is the source of true life and hope. When we believe in Him and follow His teachings, we are given new life in our hearts. Even when we make mistakes or face challenges, Jesus gives us the chance to begin again and grow closer to Him.

Because of Jesus' Passion and Resurrection, we are renewed in Christ. Being renewed means becoming a better person by following His example. We try to leave behind negative traits, bad qualities, and wrong attitudes. Instead, we replace them with Christian values, positive qualities, and good attitudes. Jesus helps us grow stronger in faith and teaches us how to live in a way that pleases God.

We can live this message in simple ways every day. We can help our parents at home, respect our teachers, and be kind to our classmates. We can include people who feel lonely and forgive those who make mistakes. Praying every day and trusting in God also help us stay close to Jesus. Through His Passion and Resurrection, Jesus shows us that love is stronger than suffering and that hope will always win.

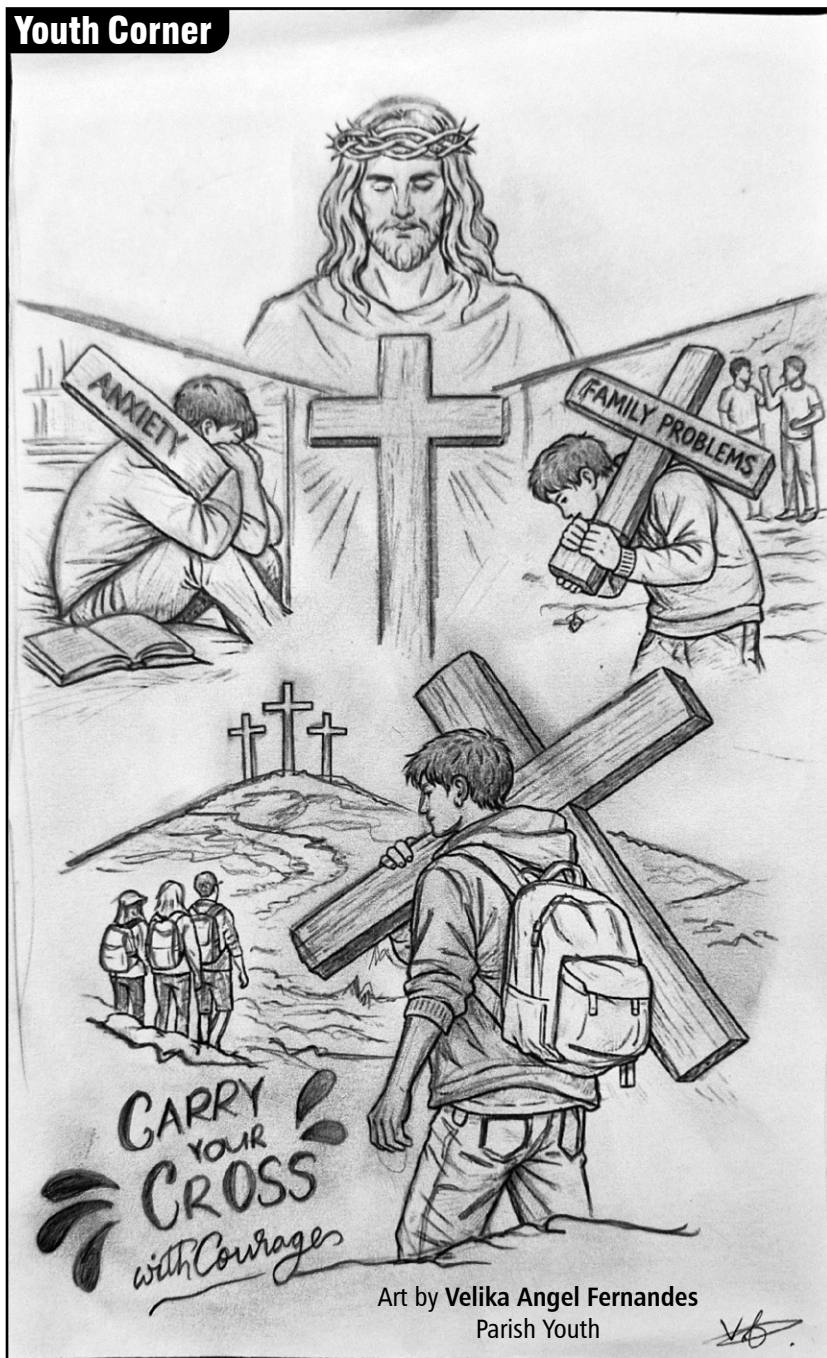
Francis Monteiro

Paryer

Dear Jesus Christ,

Thank you for being my closest friend, someone I can talk to anytime. I share my joys and my struggles with you because I know you truly care. When I feel weak, be my strength. When I feel sad, be my comfort. When I feel unsure, be my guide. Teach me to live with love, patience and faith. Help me to see the good in every day and to remember that you are always walking besides me.

Christina Fernandes



**Mrs. Josma Pereira**

Catechist co-ordinator

The celebration of Husband's and Father's Day was held on 15th March 2026 with great devotion and joy in our parish. The program began with a special Eucharistic celebration, where we thanked God for the gift of fathers and husbands, seeking His blessings upon them as they continue to guide and nurture their families in faith and love.

Inspired by the life of Saint Joseph, the homily highlighted the importance of fatherhood as a sacred vocation marked by sacrifice, responsibility, and unwavering trust in God.

Following the Holy Mass, a short cultural program was organized by the catechism children. The highlight of the program was a meaningful enactment portraying the life of a devoted father who raised his son single-handedly after the passing of his wife. The skit beautifully depicted the struggles, sacrifices, and unconditional love of the father. It also conveyed a powerful message as the son, influenced by his friends, neglected his father, only to later realize his mistake when his father fell ill. The emotional reconciliation between father and son reminded everyone present of the importance of love, gratitude, and respect within the family.

Adding to the spirit of the celebration, a heartfelt poem titled "The Quiet Strength of a Father" was recited, reflecting the silent sacrifices and enduring love of fathers. The poem deeply touched the audience and served as a tribute to all fathers present.

The program concluded on a joyful note with the distribution of cake to all, symbolizing unity and celebration within the parish family.

The entire celebration was a meaningful and memorable occasion, reminding everyone of the vital role fathers and husbands play in building strong, faith-filled families.

PARISH LITURGICAL PLANNER FOR THE MONTH OF APRIL, 2026

SUNDAYS

04/04/2026 (Saturday)	Easter Vigil (Midnight Mass)	11.00 p.m.	Lectors' Association / Parish Youth	
Date	Celebration	8:00 a.m.	10:00 a.m.	11:15 a.m.
05/04/2026	Easter Sunday of the Resurrection of the Lord	St. John Facundo	St. Augustine	Blessed Rani Maria
Date	Celebration	7:00 a.m.	10:00 a.m.	04:00 p.m.
12/04/2026	Octave Day of Easter/ 2 nd Sunday of Easter/ <i>Divine Mercy Sunday</i>	Divine Mercy Group	St. Paul	St. Domingo
19/04/2026	3 rd Sunday of Easter	S.FX	O.L of Three Necessities	Khuris Milagr
26/04/2026	4 th Sunday of Easter (<i>Day of Diocesan Seminaries</i>) Inaugural of Parish Family Service Cell	Parish Family Service Cell	O.L of Piety	O.L of Light
03/05/2026	5 th Sunday of Easter	St. Joseph Vaz	St. Ignatius	St. Alex

WEEKDAYS

Date	Celebration	Time	Responsibility
02/04/2026 (Thursday)	Maundy Thursday	05.00p.m.	Liturgy Committee
	An Hour with the Lord (Adorations)	07.00 – 12.00	As per roster in the Lenten Programme.

03/04/2026 (Friday)	<u>Good Friday of the Passion of the Lord</u>		
	Morning – Live Way of the Cross	07.00 a.m.	Parish Youth & Altar Servers
	Afternoon – Celebration of the Passion of the Lord	03:30 p.m.	Liturgical Animators / Senior Parishioners' Association
04/04/2026 (Saturday)	Holy Saturday	07.00 a.m.	Catechists
10/04/2026 (Friday)	Day of the Episcopal Ordination of Archbishop-Patriarch, Filipe Neri Cardinal Ferrao.	07.00 a.m.	Daily Mass
01/05/2026 (Friday)	St. Joseph the Worker	07.00 a.m.	Daily Mass

What I learned at the Lenten Recollection

Leanza Pereira

A spiritual recollection for children was held on the 19 of March at the church hall from 4:00 p.m. to 6:15 p.m followed by the Holy Mass Celebrated by Fr. Francis Rozario.

Two sessions were conducted for us children and they were delivered by 2 resource persons. The first session, from 4:00 p.m. to 5:00 p.m., was led by Br. James Kurien, who taught us the importance of the Word of God, stressing on how important it is to always keep Faith in God. The second session from 5:15 p.m. to 6:15 p.m. was conducted by Mrs. Syona Fernandes. She shared with us an amazing and beautiful story about a small boy named Marcelino and Jesus.

These sessions included action songs, Bible stories, and short reflections that taught values like love, kindness, and forgiveness. During the tea break of 15 minutes, snacks were provided, which we children enjoyed.

Overall, the retreat was a meaningful and enriching experience for us. It helped strengthen our faith and provided us with valuable lessons to practice in our daily lives. We are grateful to both the resource persons, the organizers, volunteers, and parents who contributed for making this event a success.

DAILY READINGS FOR THE MONTH OF APRIL 2026

Intentions of the Apostleship of Prayer

For Priests in crisis.

Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

01/04/2026 WEDNESDAY	Is. 50:4-9a;	Ps. 68(69*):8-10.21bcd-22.31+33-34;		Mt. 26:14-25.
02/04/2026 THURSDAY	Ex. 12:1-8. 11-14;	Ps. 115(116*):12-13.15+16bc. 17-18;	1 Cor. 11:23-26;	Jn. 13:1-15.
03/04/2026 FRIDAY	Is. 52:13-53:12;	Ps. 30(31*):2+6. 12-13. 15-16.17+25;	Heb. 4:14-16.5:7-9;	Jn. 18:1 - 19:42.
04/04/2026 SATURDAY (Easter Vigil)	Gen.1:1-2:2; Gen.22:1-18; Ex.14:15-15:1; Is.54:5-14; Is.55:1-11; Bar.3:9-15. 32-4:4; Ez.36:16-17a.18-28		Rom.6:3-11;	Mt.28:1-10.
05/04/2026 SUNDAY	Ac. 10:34a. 37-43;	Ps. 117(118*): 1-2. 16ab-17.22-23;	Col. 3:1-4 or 1 Cor. 5:6b-8;	Jn. 20:1-9.
06/04/2026 MONDAY	Ac. 2:14.22-33;	Ps. 15(16*): 1-2a+5. 7-8. 9-10.11;		Mt. 28:8-15.
07/04/2026 TUESDAY	Ac. 2:36-41;	Ps. 32(33*):4-5. (33*):4-5.18-19.20+22;		Jn. 20:11-18.
08/04/2026 WEDNESDAY	Ac. 3:1-10;	Ps. 104(105*): 1-2. 3-4.6-7.8-9;		Lk. 24:13-35.
09/04/2026 THURSDAY	Ac. 3:11-26;	Ps. 8:2a+5. 6-7.8-9;		Lk. 24:35-48.
10/04/2026 FRIDAY	Ac. 4:1-12;	Ps. 117(118*):1-2+4. 22-24. 25-27a;		Jn. 21:1-14.
11/04/2026 SATURDAY	Ac. 4:13-21;	Ps. 117 (118*):1+14-15. 16 ab-18. 19-21;		Mk. 16:9-15.
12/04/2026 SUNDAY	Ac. 2:42-47;	Ps. 117(118*):2-4. 13-15.22-24; 1 Pt. 1:3-9;		Jn. 20:19-31.
13/04/2026 MONDAY	Ac. 4:23-31;	Ps. 2:1-3.4-6. 7-9;		Jn. 3:1-8.

14/04/2026 TUESDAY	Ac. 4:32-37;	Ps. 92(93*): 1ab. 1c-2. 5;		Jn. 3:7b-15.
15/04/2026 WEDNESDAY	Ac. 5:17-26;	Ps. 33(34*): 2-3. (34*): 2-3.4-5.6- 7.8-9;		Jn. 3:16-21.
16/04/2026 THURSDAY	Ac. 5:27-33;	Ps. 33(34*): 2+ 9. 17-18. 19-20;		Jn. 3:31-36.
17/04/2026 FRIDAY	Ac. 5:34-42;	Ps. 26(27*):1.4. 13-14;		Jn. 6:1-15.
18/04/2026 SATURDAY	Ac. 6:1-7;	Ps. 32(33*): 1-2.4-5. 18-19;		Jn. 6:16-21.
19/04/2026 SUNDAY	Ac. 2:14.22-33;	Ps. 15(16*): 1-2a+5.7-8. 9-10.11;	1 Pt. 1:17-21;	Lk. 24:13-35.
20/04/2026 MONDAY	Ac. 6:8-15;	Ps. 118 (119*): 23- 24.26-27.29-30;		Jn. 6:22-29.
21/04/2026 TUESDAY	Ac. 7:51 – 8:1a;	Ps. 30 (31*): 3cd-4. 6ab+7b-8a. 17+21ab;		Jn. 6:30-35
22/04/2026 WEDNESDAY	Ac. 8:1b-8;	Ps.65 (66*): 1-3a. 4-5. 6-7a;		Jn. 6:35-40.
23/04/2026 THURSDAY	Ac. 8:26-40;	Ps. 65(66*):8-9, 16-17.20;		Jn.6:44-51.
24/04/2026 FRIDAY	Ac.9:1-20;	Ps.116(117*): 1.2;		Jn.6:52-59.
25/04/2026 SATURDAY	1 Pt. 5:5b-14;	Ps. 88(89*):2-3. 6-7. 16-17;		Mk. 16:15-20.
26/04/2026 SUNDAY	Ac.2:14a. 36-41;	Ps. 22(23*): 1-3a. 3b-4.5.6;	1 Pt.2:20b-25;	Jn.10:1-10.
27/04/2026 MONDAY	Ac.11:1-18;	Ps.41(42*):2- 3,42(43*)3.4;		Jn.10:11-18.
28/04/2026 TUESDAY	Ac. 11:19-26;	Ps.86 (87*): 1-3. 4-5. 6-7;		Jn.10:22-30.
29/04/2026 WEDNESDAY	Ac.12:24-13:5a;	Ps.66(67*): 2-3.5.6+8;		Jn.12:44-50.
30/04/2026 THURSDAY	Ac.13:13-25;	Ps.88(89*):2-3.21- 22.25+27;		Jn.13:16-20.
01/05/2026 FRIDAY	Ac.13:26-33;	Ps.2:6—7.8-9. 10-11		Jn.14:1-6.
02/05/2026 SATURDAY	Ac. 13:44-52;	Ps.97(98*):1.2-3ab. 3cd-4;		Jn.14:7-14.
03/05/2026 SUNDAY	Ac.6:1-7;	Ps.32 (33*):1-2. 4-5. 18-19;	1Pt.2:4-9;	Jn.14:1-12.

FIRGOZ MAHITI

TUMCHE SEVEK
CANON ROSARIO OLIVEIRA
Padr Vigar

PRI. JASON K. FERNANDES
Adhari Padri

PRI. JOSE REMEDIOS FERNANDES
Nivasi Yadnik (Priest in Residence)

MS. GISELLE GOMES
Kocherint vavr korpi

MS. PRISCILLA SILVEIRA
Igorjent xist sambhallpi

ORVIL CABRAL
Paryavekshak (Supervisor)

MONICA BECK
Vavradi

MHOINEACHEA POILEA
SONVARA FATIMA
SAIBINNICHEM DEVOSANV
Sokallchea 6.00 vaztam kumsaram,
6.30 vaztam Fatima Saibinnichem Poilea
Sonvarachem Devosanv, thodo vell niall
ani tea uprant Povitr Misachi bhatt.

- VEG-VEGLLEO ZOMATI**
- Firgoz Gonvlik Sobha - Poilea Aitarak Sanje 5.15 vaztam
 - Firgoz Gonvlik Assembly - Tin mhoneank ek pautt, poilea Aitarak Sanje 5.15 vaztam
 - Firgoz Tornatteencho Zomo - Choutea Aitarak
 - Vedi-Sevokancho Zomo- Sonvara sanje 4.00 vaztam
 - Dev Sondexkarancho Zomo - Tisrea Aitarak Sanje 5.15 vaztam
 - Devachem Utor Vachpi (Lectors) - Tin mhoineank ek pautt, poilea Sonvara sanje 7.00 vaztam
 - Sevadhormik Sevok (Liturgical Animators) - Tin mhoineank ek pautt, dusrea Sonvara sanje 7.00 vaztam
 - Bautizm ani Kazara vhoir xikovnn - Mungllara sokallchea 10.00 - 12.00
 - Gonvlik Bhatt (Pastoral Visits) - Mungllar (Tue.), Brestar (Thurs.) ani Sukrar (Fri.) sanje 5.00 vaztam thaun.



IGORJENT DISPOT'TIM ANI AITARACHIM MISSAM

Somar tem Sonvar : Sokallche 7:00 vaztam
Sonvar : Sanje 6.00 vaztam (Inglez bhaxen,
Aitarachem(anticipated) Mis.

Aitar:

- Sokallim 7.00 vaztam
- 8:30 vaztam Dotonichea Bhurgeanchem Mis
- 10.00 vaztam (by Canons)
- Sanje 4.00 vaztam (Tin Gorzanche Saibinnichea Manank)
- Mhoineachea Dusrea Aitara: Sokallchea 11.00 vaztam (Hindi bhaxen)

KUMSARAM

Somar tem Sonvar sokallchea 6.00 vaztam
Missa adim ani uprant

POVITR SONSKARAK BHOZONN

Sukrar, Sokallchea 6.30 vaztam, Missa adim

DEVACHI OLLOKH VO DOTON

Aitar Sokallim 9.30 vaztam

KOCHERICHIO VELL

Somar tem Sonvar

Sokallchim 8:30 tem donparchim 1:00
Sanje 3:00 tem 5:30

POTH'THO

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